



Active Aging Week Sept 20 - 25, 2010

Age has it Privileges!

Living life to the fullest extent possible
Within the dimension of Wellness

Please join Powhatan County Parks and Recreation Department
as we celebrate active aging week with a
Senior Community Cookout.

When: Thursday, September 23, 2010

Where: Fighting Creek Park
2505 Mann Road

Time: 10:00 am - 3:00 pm

Cost: Free Seniors age 50+



Who Should attend? Powhatan County Citizens 50+, Senior Organizations, Community Organizations, Health Providers and those interested in senior programs.

For more information, Please contact: Powhatan County Parks and Recreation



Connecting Communities
Through
People, Parks and Programs
Powhatan County Parks and Recreation
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www.powhatanparksandrecreation.com